



# NANOENCAPSULATION: A NEW ERA FOR ORAL SOLID DOSAGE FORMS

In this article, Oksana Lemasson, PharmD, PhD student, and Sandrine Bourgeois, PhD, Associate Professor, both at the Laboratory of Automatic Control, Chemical and Pharmaceutical Engineering at Claude Bernard University Lyon 1, and Vanessa Bourgeois, PhD, Innovation Leader at Skyepharma Production, discuss the performance of the NanoMicS platform for the oral administration of nanoparticles.

The oral route is the preferred route for drug administration because it allows better patient compliance. However, many factors limit the effectiveness of oral treatments, including the poor bioavailability of some APIs. It is estimated that 60% of new available APIs are rated as Class II and Class IV under the Biopharmaceutics Classification System (BCS) based on their low water solubility. Most of these APIs also have a low oral bioavailability due to extensive hepatic metabolism through cytochromes or high affinity with permeability glycoprotein (P-gp), a transmembrane transporter present in the intestine capable of pushing drugs back into the lumen, thus decreasing their absorption.<sup>1,2</sup>

Nanoencapsulation then appears to be a formulation of choice to overcome those biological barriers and achieve specific properties that are a key differentiating factor from other drugs. Nanoparticles act as a shield for the active molecule, preventing it binding to P-gp and cytochromes and conferring enhanced permeability.<sup>3</sup> Nanoencapsulation

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can be applied to new chemical entities but also to already-on market APIs (through product lifecycle management). In this latter case, the nano approach gives pharmaceutical companies the opportunity to increase the rentability of active ingredients by developing “premium” drug product generation with enhanced therapeutic efficacy and minimised off-target side effects.

## NANOMICS PLATFORM AT A GLANCE

To answer market needs, Skyepharma – which specialises in oral solid dosage forms and high-pressure homogenisation (HPH) technology – has taken the step to create a nanoformulation platform, NanoMicS, focused on the development of innovative nanoparticle-containing tablets, capsules or micropellets.

Skyepharma has already developed a first HPH-based process capable of producing nano-sized particles of APIs named IDD-Dissocubes™. This top-down technology, resulting in nanocrystals of API, is currently on the market for the treatment of for lipidic disorders (Triglide®)<sup>4</sup> and has allowed a dramatically reduced food effect and administered dosage of fenofibrate, compared with traditional oral dosage forms. Reinforcing the pipeline of bioavailability-improving solutions with nanoparticles manufactured through HPH is



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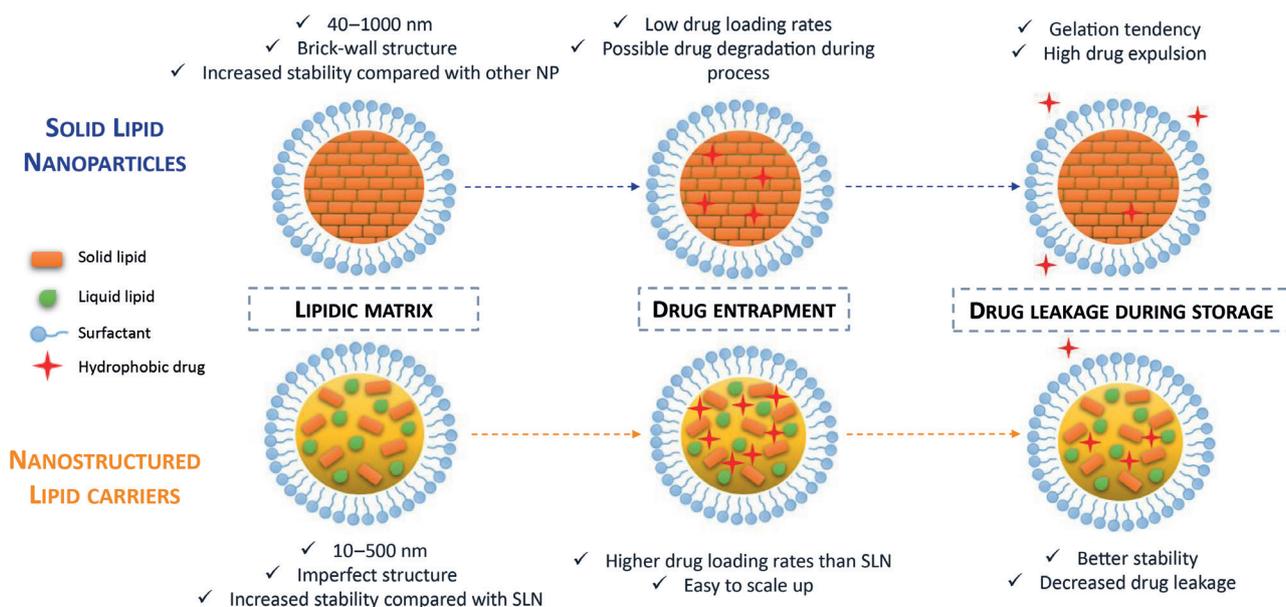


Figure 1: Main characteristics of SLN and NLC.

thus completely in line with Skyepharma's strategy to bring high-value oral solutions to customers and ultimately patients.

While widely used for injectables, nanoparticles remain poorly explored for oral administration. Industrial challenges to be met include maintenance of nanoparticle features upon drying and tableting processes, process reproducibility during scale-up, implementation of relevant in-process controls, achievement of satisfactory holding time of nanomaterial and development of efficient cleaning procedures. A good understanding of the natural fate of nanobodies after release from solid forms, the identification of the pathways used to cross the gastrointestinal tract and the elucidation of the mechanism of release of the API from the nanoparticle are areas to be further investigated and mastered to ensure success of the “bench-to-market” oral nanoplatform.

Therefore, the NanoMicS platform was developed in partnership with Claude Bernard University Lyon 1's Laboratory of Automatic Control, Chemical and Pharmaceutical Engineering (LAGEPP) – which is highly experienced in nanoparticles and oral formulation processes. The platform started with the development of a generic nanoformulation to improve the solubility of lipophilic drugs, but there are plans to expand the portfolio of nanoformulations further to address all types of molecules, including temperature-sensitive APIs. As ecology matters, all formulations are developed with “green” processes, avoiding the use of volatile organic solvents detrimental to the environment.<sup>5</sup>

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### RECENT SCIENTIFIC ADVANCES

First results generated by researchers from LAGEPP on the nanoencapsulation of BCS Class II or IV APIs in solid lipid nanoparticles (SLNs) and nanostructured lipid carriers (NLCs) were very promising. This innovative strategy, improving the API's solubility in digestive fluids and giving better control of its release and metabolism issues, also has the advantage of being biocompatible and biodegradable. Both SLNs and NLCs contain solid lipid, liquid lipid (Maisine® or Capryol® 90) and surfactant but differ in the whole structure, SLNs presenting a brick-wall structure while NLCs feature a hybrid structure (Figure 1).

For the proof of concept, the selected model drug was spironolactone (SPI), a BCS class II API. The formulation of lipid nanoparticles was developed according

to a previous study carried out at LAGEPP by Dumont *et al.*<sup>6</sup> with a nanosuspension composed of two phases: the lipidic (including dissolved SPI) and the aqueous with surfactant and deionised water.<sup>6</sup> The two phases were heated separately and homogenised by high shear agitation. This pre-emulsion was inserted in the Microfluidizer® LM20 (Microfluidics, MA, US) and pumped through the system, inside which high shear forces are applied to the emulsion.

The manufacturing of nanoproducts requires the control of nanomaterial properties such as size, shape, charge, composition, physicochemical properties and drug-release kinetics. Both SLNs' and NLCs' blank formulas provided satisfactory particle size characteristics, with a mean diameter below 200 nm and polydispersity index (PDI) below 0.2 (Table 1).

Property	SLNs	NLC-C90	NLC-MAI
D50 (nm)	192.84 ± 13.92	168.22 ± 32.94	143.37 ± 0.49
PDI	0.174 ± 0.026	0.180 ± 0.042	0.184 ± 0.018

Table 1. Particle size characteristics of blank SLNs and NLCs (n=3), mean ± SEM.

Their observation with transmission electron microscopy (TEM) demonstrated they were all spherical shaped (Figure 2), which is a critical attribute of nanoparticles to cross the gastrointestinal tract. Compared with the blank nanoparticles, the SPI encapsulation did not lead to a significant difference in particle size. However, as shown in Table 2, the NLC formula with Maisine® (NLC-MAI) allowed the highest encapsulation, with 72.8% of SPI encapsulation efficiency, compared with 50.2% for NLC with Capryol® 90 (NLC-C90) and 60.7% for SLN.

A stability study was conducted to ensure a sufficient holding time of the nanosuspension between its formulation and the drying. During seven days at room temperature, the general aspect remained unchanged. Concerning the particle size features, the mean diameter of the lipid nanoparticles increased slightly (from 171 nm to 216 nm,  $n=3$ ) whereas the polydispersity index was stable (non-significant decrease from 0.18 to 0.16,  $n=3$ ). These acceptable results confirm that the nanosuspension is stable under conventional storage conditions, without the need for specific precautions. Thus, the demonstrated stability of the nanosuspension allows few days between its formulation with the Microfluidizer® LM20 and its drying for compression.

Drying the nanosuspension presents a double strategic interest. On the one hand, it is well described as an effective way to significantly improve the long-term stability of lipid nanoparticles. On the other hand, this process allows the obtention of powders, which will be compressed into tablets, to offer an innovative oral solid dosage form for patients.

Two drying techniques (spray-drying and wet granulation) were tested to produce an easily compressible and redispersible powder. For both techniques, the nanosuspension was mixed with suitable

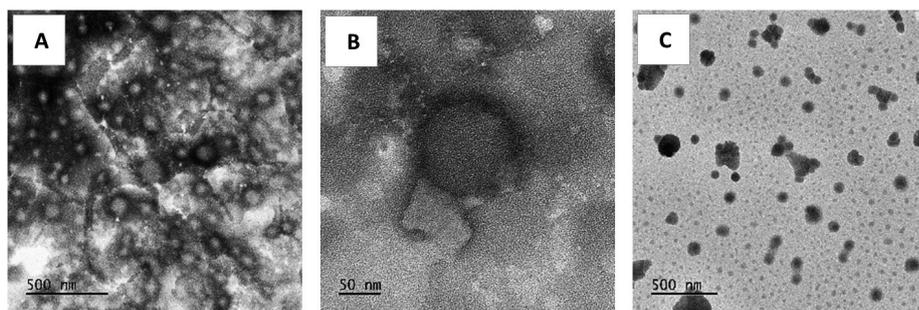


Figure 2. SLN (A&B) and NLC (C) observation by TEM.

Properties	SLNs	NLC-C90	NLC-MAI
D50 (nm)	183.74 ± 33.39	184.97 ± 59.02	176.50 ± 37.53
PDI	0.167 ± 0.055	0.213 ± 0.070	0.217 ± 0.053
EE (%)	60.7 ± 5.3	50.2 ± 18.2	72.8 ± 1.7

Table 2. Particle sizes of SPI-loaded nanoparticles ( $n=9$ ) and encapsulation efficiency ( $n=3$ ) for the three types of lipid nanoparticles (SLN, NLC-C90 and NLC-MAI), mean ± SEM.

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excipients until the obtention of a satisfactory general aspect of the powder. The two types of dried powder presented satisfactory flow properties, according to the European Pharmacopeia (even “excellent” for the granulated batch) and were easily and successfully dispersed in water.

The powder obtained by wet granulation (Figure 3a) was selected for the preliminary compression study. Two batches of tablets were manufactured,

at lab scale (total weight = 150 g) and pilot scale (total weight = 1000 g, Figure 3b). The tablets were easily dispersed in water, with features comparable to the initial powder. Moreover, all the units were compliant with the European Pharmacopeia monographies relative to tablets (mass uniformity, disintegration time, hardness and friability), without any influence of the batch size.

In short, the proof-of-concept confirmed that HPH can be used to manufacture lipid-based nanoparticles with mean diameters lower than 200 nm. While encapsulating the model drug (spironolactone), the addition of a liquid lipid did not have a significant impact on the particle size but significantly improved the entrapment efficiency of the API, especially with the oil Maisine®. *In vitro* investigations are underway to study the release profile of the API as well as the improvement of its cellular permeability when encapsulated in lipid nanoparticles.

### INDUSTRIAL SCALE-UP AND QUALITY-BY-DESIGN APPROACH

As a contract development and manufacturing organisation (CDMO) and centre of excellence in oral solid dosage form development and industrialisation, Skyepharma is highly experienced in quality-by-design (QbD) and process industrialisation, which are two strong assets for the development of the NanoMicS



Figure 3. Granulated powder (A) used to produce lipid nanoparticle-based tablets (B).

platform. For nanoparticle-containing tablets, attributes such as nanoparticle size, API encapsulation efficiency, polydispersity index and drug-release kinetics come on top of critical quality attributes that are standardly evaluated for tablets (hardness, friability, mean mass and disintegration). To increase manufacturing robustness, the process analytical tool approach should be considered at the industrialisation phase to allow real-time product analysis and continuous feedback on manufacturing.

Defining clearly the attributes of raw materials, their behaviour throughout the process and their quality impact on the final product is also a prerequisite to the successful development of nanoparticles. In the case of solid lipid excipient, for example, changes in surface charge or morphology can alter the therapeutic properties of the API, and its characterisation is as important as

the one of the API. Considering those industrial challenges early in development is a key element to reduce drug product development timelines and costs.

## CONCLUSION

Skyepharma has made the strategic choice to establish itself as a pioneer in the administration of oral nanoparticles. Co-developed with LAGEPP, the NanoMicS platform aims to offer biocompatible delivery system solutions for BCS class II and IV molecules and reduce the number of leads of high therapeutic potential that are given up due to poor solubility issues. The Microfluidizer® technology appears as an eco-friendly solution to enhance oral bioavailability, broadening the spectrum of active molecules that could reach the market in oncology, immunology or infectiology and making patients' daily lives easier.

## ABOUT THE COMPANY

Skyepharma Production SAS is a French CDMO specialising in oral solid dosage forms. The company's mission is to provide, thanks to a dedicated and results-oriented team, advanced oral dosage services to the healthcare industry through state-of-the-art facilities and scientific expertise. Skyepharma also provides a range of support services that help client companies from early-stage development (up to Phase III) through scale-up, commercial manufacturing and packaging to market introduction,

including controlled substance handling, QbD methodology, troubleshooting, regulatory services, validation, registration and warehousing services.

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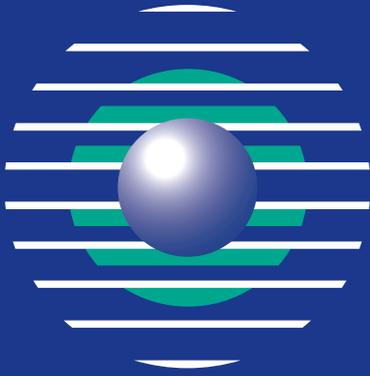
"Defining clearly the attributes of raw materials, their behaviour throughout the process and their quality impact on the final product is also a prerequisite to the successful development of nanoparticles."

## ABOUT THE AUTHORS

**Oksana Lemasson**, PharmD, obtained a double degree in pharmacy and a master's degree in industrial cosmetology, with a specialisation in formulation at the University of Lyon (France). Following her studies, she taught galenics for a year at university to pharmacy students. Wishing to develop her expertise in formulation, she is currently a PhD student at Claude Bernard University Lyon 1's Laboratory of Automatic Control, Chemical and Pharmaceutical Engineering (LAGEPP) (Lyon, France), in partnership with Skyepharma, and works on the development of lipid-based nanoparticles, from proof of concept to manufacturing process optimisation.

**Sandrine Bourgeois**, PhD, is Associate Professor in Pharmaceutical Technology at the School of Pharmacy of the Claude Bernard University Lyon 1 (France). After graduating in pharmacy, she obtained a PhD in pharmaceutical technology at Paris-Saclay University (France). She conducts research at the Laboratory of Automatic Control, Chemical and Pharmaceutical Engineering (LAGEPP) on the development and characterisation of new drug delivery systems for oral and mucosal administration. Dr Bourgeois is the author of 28 publications, three patents and has supervised 10 PhD students.

**Vanessa Bourgeois**, PhD, brings 15 years of experience in research and development, and pharmaceutical development. She started her career at Erytech Pharma (Lyon, France), where she held the position of global project leader and actively contributed to the development of erythrocytes as drug carriers for oncology and sickle cell disease. In 2020, Dr Borgeaux joined Skyepharma. As Project Manager in the New Product Introduction department, her mission is oriented towards innovation and collaborative partnerships. Dr Bourgeois graduated in organic chemistry and holds a PhD in biochemistry and cellular biology. She is the author of 13 publications and 12 patents.



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